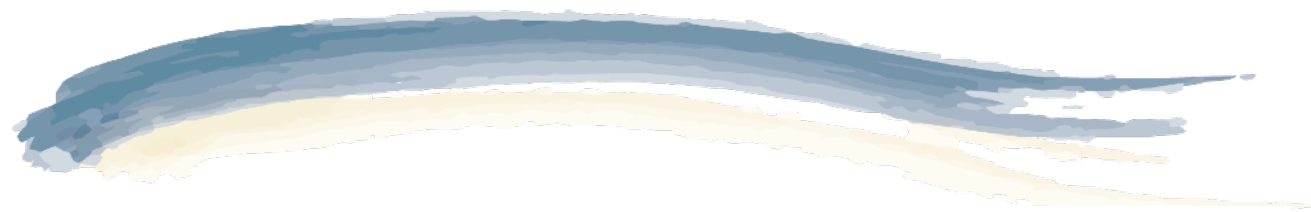


MEMORY *moves*

DANCE + THERAPY

The Heart Never Forgets to Dance



MemoryMOVES is a 7-week program that uses Dance/Movement Therapy as a mode of creative expression and empowerment to improve cognitive function and quality of life for clients experiencing Alzheimer's disease. MemoryMOVES will culminate in a performance, in which participants will have the chance to share what they have created and learned. The program will also include opportunities for caregivers to experience the transformative power of Dance/Movement Therapy and learn techniques to apply to their own lives.

MemoryMOVES DATES

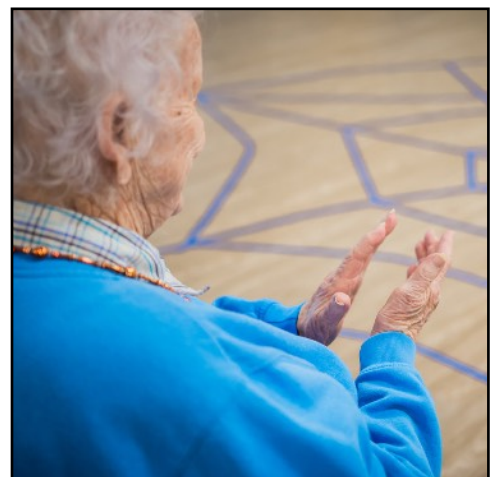
April 9 - May 22, 9:00 am -12:00 pm

PROGRAM DAYS

- Mondays (2 sessions available)
- Tuesdays (2 sessions available)

PROGRAM BREAKOUT SESSION TIMES

- Session 1 — 9:30 am - 10:30 am
- Session 2 — 11:00 am - 12:00 noon



MemoryMOVES LOCATION

Alzheimer's Disease Association of Kern County, Inc.
4203 Buena Vista Rd.
Bakersfield, CA 93311

TO ENROLL IN MemoryMOVES

Participants must be enrolled in the ADAKC Day Program to participate in MemoryMOVES. For admission criteria contact ADAKC Family Services Department at 665-8871/ADAKC.org

**To learn more or to register, visit kerndance.org/MemoryMOVES
Questions? Email us at info@kerndance.org**

